



## Learning Goals

Practice counting and shapes with these melty pockets of cheese.



## What You'll Need

- 4 tortillas (corn, flour, or mix and match)
- 2 cups shredded cheese
- 2 cups shredded chicken
- 1 cup assorted veggies, like spinach
- Toppings like: crema, salsa, avocado

## Steps

1. Prepare fillings and toppings: shred cheese and chicken, and mash avocado.
2. Warm tortillas to make them easier to fill and fold.  
\* **Talk together:** "What shape is a tortilla? How do you know?"
3. Add filling to each tortilla. Fold each tortilla in half to form semi-circles.
4. \* "What's the shape of the tortilla before we fold it? How about after?"
5. Warm the folded tortillas in a pan to melt and flatten ingredients together.
6. Transfer tortillas to cutting board. Cut into triangles. Add toppings and enjoy!



## Watch Video



@FamilyMathKids

## Talk Together

Number sense is about understanding quantities and concepts like more and less. Help your child master counting by using everyday activities, like cooking:

- "Let's count the spinach leaves together. 1, 2, 3, 4."
- "Help me count 2 corn tortillas and 2 flour tortillas."
- "How many spoonfuls of salsa would you like on your quesadilla?"

## Fun Fact

In addition to cows, goats, and sheep, cheese can be made from the milk of buffalo, camel, donkey and even hippopotamus.