



## Learning Goals

Create patterns using color, movement and sound; practice counting objects and sounds.



## What You'll Need

- Two empty toilet paper rolls
- Markers, washi tape or acrylic paint
- Tape
- Dried beans, rice, buttons or beads

## Steps

- 1. Make a pattern!** Decorate the toilet paper rolls with patterns using markers, tape or paint.
- 2. Make maracas!** Fold one end of one tube and seal it shut with tape. Place a handful of beans, rice, buttons or beads inside, and seal the other end. Repeat with the other tube.
- 3. Shake, shake, shake!** Shake the maracas to the beat of your favorite songs. Make a rhythm your child can copy, and ask them to create their own. Try to incorporate counting and patterns into your rhythms.

## Watch Video



## Talk Together

- Let's create a pattern together. You start with a beat and then I'll go.
- My pattern has 4 beats: shake, shake, shake, ahh. You try making a pattern with 4 beats!

## Book Suggestion

***Rhythm Rescue***,  
written by Vicky Weber  
and illustrated by  
Geneviève Viel-Taschereau

## Online Game

**Peg + Cat: Music Maker**  
[pbskids.org/peg/games/  
music-maker/](https://pbskids.org/peg/games/music-maker/)