Maracas and Shakers

Learning Goals
Create patterns using color, movement and sound; practice counting objects and sounds.

What You’ll Need
• Two empty toilet paper rolls
• Markers, washi tape or acrylic paint
• Tape
• Dried beans or rice

Steps
1. Make a pattern! Decorate the toilet paper rolls with patterns using markers, tape or paint.
2. Make maracas! Fold one end of one tube and seal it shut with tape. Place a handful of beans or rice inside, and seal the other end. Repeat with the other tube.
3. Shake, shake, shake! Shake the maracas to the beat of your favorite songs. Make a rhythm your child can copy, and ask them to create their own. Try to incorporate counting and patterns into your rhythms.

Watch Video

Talk Together
• Let’s create a pattern together. You start with a beat and then I’ll go.
• My pattern has 4 beats: shake, shake, shake, ahh. You try making a pattern with 4 beats!

Book Suggestion
Rhythm Rescue, written by Vicky Weber and illustrated by Geneviève Viel-Taschereau

Online Game
Peg + Cat: Music Maker
pbskids.org/peg/games/music-maker/