SUGGEST THE RIDICULOUS

**Big Idea:** Offer a nonsensical idea!

**Why:** Stretching creativity and enjoying a laugh is good for everybody. This also lets kiddo demonstrate she knows what's normal.

**Apply:** Draw/paint silly pictures. You can use the "Aiken Drum" song to support this.

MIX UP YOUR MOVEMENT

**Big Idea:** Get jiggy with it!

**Why:** Varying our physicality can help us tone, stretch, and burn calories. Coming up with ideas exercises creativity. Engaging with ordered sequences sets the stage for coding.

**Apply:** Add some wackiness to your walk.

RHYME

**Big Idea:** Explore rhyming words together.

**Why:** Modeling joyful wordplay is great pre-literacy work! It also helps to tune your kiddo’s ear to rhymes and encourages him to experiment with creating his own.

**Apply:** Replace lyrics with rhymes ("Twinkle twinkle little car"). Sing the "Name Game"!

USE A SILLY VOICE

**Big Idea:** Change the way you sound.

**Why:** Getting goofy can help to release stress and shift the energy/dynamic in the home. Your vocal creativity may inspire dramatic play.

**Apply:** Jabber while you cook together. Sing opera! Speak low/gravelly + high/squeaky.

ADOPT A PERSONA

**Big Idea:** Act as if you’re someone else. Modify your posture, voice, and word choice.

**Why:** Variety is the spice of life. Behaving outrageously can be wickedly fun and also provide an outlet for blowing off steam. Crafting dialogue is a literacy practice.

**Apply:** Follow kiddo’s lead into dramatic play.